



Eilrich Family Chiropractic & Wellness

1223 Hwy 60 West,
Faribault, MN 55021
507.384.3800 Fax: 507.384.3803
Email
info@drrobertwellness.com

Dry Needling Patient Consent Form

Dry Needling (DN) is a skilled technical therapy utilized by certified healthcare professionals for treatment of musculoskeletal ailments by penetrating the skin. This treatment focuses on tissues underlying the skin such as muscles, tendons, ligaments, and fascia by using thin, filiform needles to break up trigger points, fascial adhesions, scar tissue and to cause intentional micro-injury of the tissue with the intent for proper healing. Unlike Oriental Chinese Medicine or Acupuncture, we do not use meridians or acupuncture points as treatment.

Any medical procedure involving the placement of a needle into the body has some inherent risk. We **ONLY** use sterile single-use, single-insertion, and disposable needles and **ALWAYS** dispose of each needle according to government standards. We ask that you read the following so we may help you understand everything.

- You may experience an increase in pain for one to two days followed by an expected improvement in your overall symptoms.
- You may experience a general feeling of fatigue following treatment as your body requires energy to assist in healing the tissue dysfunction.
- You may experience a small bruise or localized bleeding in the region of the inserted needle.
- You may also experience any of the following during treatment: A feeling of relaxation, an increase in energy level, dizziness, nausea, sweating, or irritation at the site of needle insertion.

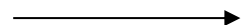
Risks of the procedure:

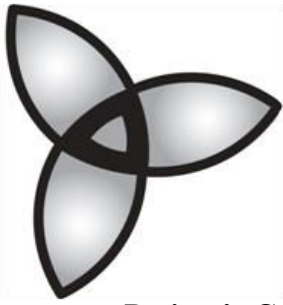
The most serious risk associated with DN is accidental puncture of a lung (pneumothorax). If this were to occur, it may require a chest x-ray and no further treatment. The symptoms of shortness of breath may last for several days to weeks. A more severe lung puncture, while rare, may require hospitalization.

Other risks may include bruising, infection, or nerve injury. It should be noted that bruising is a common occurrence and should not be a concern. The monofilament needles are very small and do not have a cutting edge; the likelihood of any significant tissue trauma from DN is unlikely. There are other conditions that require consideration so please answer the following questions:

- ☐Yes ☐No **HIV or AIDS or Hepatitis**
- ☐Yes ☐No **Unstable Blood Pressure**
- ☐Yes ☐No **Current or Recent Infection**
- ☐Yes ☐No **Pacemaker**
- ☐Yes ☐No **Current use of Blood Thinning Medication**
- ☐Yes ☐No **Cancer**
- ☐Yes ☐No **Current use of Immunosuppressant Medication**
- ☐Yes ☐No **Diabetes**
- ☐Yes ☐No **Fear of needles**
- ☐Yes ☐No **Currently Pregnant**

OVER





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Patient's Consent:

I have read and fully understand this consent form for dry needling and attest that no guarantees have been made on the success of this procedure related to my condition. I am aware that multiple treatment sessions may be required, thus this consent will cover this treatment as well as subsequent treatments at Eilrich Family Chiropractic and Wellness. I have had the opportunity to ask questions and express any concerns, of which have been answered to my satisfaction.

My signature below represents my consent to the performance of dry needling and my consent to any measures necessary to correct complications, which may result. I am aware I can withdraw my consent at any time.

I, _____ authorize the performance of Dry Needling
(Printed Full Name)
at Eilrich Family Chiropractic and Wellness.

Patient or Authorized Representative Signature

Date

Relationship to patient (if other than patient)

Date